

13 Offensive Moves for Basketball Players



by Howie Landis
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Of 13 offensive moves, the first is to take directly of the defensive player and shoot over her.

One of the most important elements in becoming an excellent offensive player is knowing how to take a shot. You can't afford to miss a shot. Once the player has learned to find the ball properly and to

shoot over the defensive player, it is very important that they learn to take a shot. A coach can't make an offensive player a good shooter unless he can take a shot. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions.

1. A player can't take a shot if he can't find the basket. The player must be able to find the basket. The player must be able to find the basket. The player must be able to find the basket.

2. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions.

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8. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions. The player must be able to take a shot in a variety of positions.

<h2>1</h2>	<p>The first move is to take directly of the defensive player and shoot over her.</p>	
<h2>2</h2>	<p>The second move is to take of the defense and explode by for a lay-up shot.</p>	
<h2>3</h2>	<p>The third move is to take and drive by stepping of the basket and ascending straight up to the basket.</p>	
<h2>4</h2>	<p>The fourth move is to loop a step to the right and go up for the jump shot.</p>	
<h2>5</h2>	<p>The fifth move is to go for a jump shot and use a hesitation move with the dribble going in for a lay-up.</p>	
<h2>6</h2>	<p>The sixth move is to drive to the basket and continue under hitting on the right foot and using the left hand.</p>	
<h2>7</h2>	<p>The seventh move is to drive head to the basket, continuing under basket and hitting on your left foot, turning inward and shooting with your right hand for reverse lay-up.</p>	
<h2>8</h2>	<p>The eighth move is to drive the end line and use the wheel device, pulling back the ball for the lay-up or hook.</p>	
<h2>9</h2>	<p>The ninth move is to drive left of the way for the lay-up.</p>	
<h2>10</h2>	<p>The tenth move is to drive left for a jump shot.</p>	
<h2>11</h2>	<p>The eleventh move is to drive left, take the jumper, and continue in for the lay-up.</p>	
<h2>12</h2>	<p>The twelfth move is to drive fast left, pull ball back away from defender, pulling up for quick shot.</p>	
<h2>13</h2>	<p>The thirteenth move is to drive fast left, pull ball back away from defender, taking jump shot using head fake and/or a dribble back on forward basket (that is on circle). Move to the left side and you have to alternate moves.</p>	

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